Diepehel (5km = 6 km)

Tijd	Naam	gesl	Event	Performance	One-Year Age Grade
21:05	Robert-Jan Sanderman	male	5000m	1054	*71,84%*
21:10	Jurgen Siemerink	male	5000m	1058	*71,56%*
23:28	Stefan Steenbergen	male	5000m	1173	*64,55%*
25:01	Robin ten Hove	male	5000m	1251	*60,55%*
25:00	Wilbert Dennekamp	male	5000m	1250	*60,59%*
26:18	Bart Kreijkes	male	5000m	1315	*57,59%*
25:05	Jan Willems	male	5000m	1254	*68,47%*
29:04	Bertwin Ligtenberg	male	5000m	1453	*53,50%*
33:07	Marcel Bouwhuis	male	5000m	1380	*60,61%*
47:33	Jan Willems	male	10000m	2853	*62,98%*
37:06	Jan Paalman	male	10000m	2226	*84,94%*
39:12	Wim Gerritsen	male	10000m	2352	*77,68%*
40:39	Gerrit Voortman	male	10000m	2439	*78,92%*
49:59	Jacob Wietsma	male	10000m	2999	*65,35%*
38:28	Deborah Wissink	female	10000m	2308	*76,15%*
1:16:36	Wim Oosthoek	male	Half Marathon	4596	*75,74%*
1:31:01	Mart Rozenkamp	male	Half Marathon	5461	*63,74%*
1:46:39	Tom Wichers	male	Half Marathon	6399	*54,40%*
1:16:13	Leon Sanderman	male	Half Marathon	4573	*79,92%*
1:26:32	Jelle Hoekman	male	Half Marathon	5192	*69,52%*
1:29:39	Bieuwe Roelofs	male	Half Marathon	5379	*68,82%*
1:36:52	Edwin Seppenwoolde	male	Half Marathon	5812	*64,53%*
1:26:33	Hans Jansen	male	Half Marathon	5313	*75,30%*
23:10	Jan Noeverman	male	5000m	1158	*74,15%*